

ADMINISTRATIVE CIRCULAR NO. 219
Office of Secondary Schools

SAN DIEGO UNIFIED SCHOOL DISTRICT

Date: November 13, 2018

To: Senior High School Principals

Subject: YOUTH RISK BEHAVIOR SURVEY

**Department and/or
Persons Concerned:** Principals

Due Date: March 22, 2019

Reference: None

Action Requested: Complete surveys by March 22, 2019

Brief Explanation:

As part of a cooperative agreement with the Centers for Disease Control and Prevention (CDC), all senior high schools are required to complete the Youth Risk Behavior Survey (YRBS) conducted by the Sexual Health Education Program (Athletics, P.E., Health and Wellness Department).

The YRBS was developed by CDC and is the primary instrument used nationwide to gather health information about adolescents. The survey includes questions concerning alcohol, tobacco, and other drug use; nutrition, physical exercise, and obesity; intentional and unintentional injuries; and sexual behavior. The YRBS is an important component in the development of programs that promote healthy behaviors in the young people of our district and has been implemented district-wide for the past thirty years. For additional information, please go to www.sandiegounified.org/YRBS.

The YRBS will be conducted at the beginning of Spring Semester, from February 4–March 22, 2019. A small number of classes (between 2-8 classes per high school) including grades 9-12 will be randomly selected by a CDC-generated algorithm. Our program will collaborate directly with the selected classroom teachers to schedule these surveys, and your site will receive a copy of the 2019 YRBS questionnaire for parents to preview.

Please contact the Sexual Health Education Program at (619) 725-7121 for additional information about the YRBS. Thank you for your assistance.

Scott Giusti
Director ASB, Athletics, P.E., and
Sexual Health Department

ADMINISTRATIVE CIRCULAR NO. 219

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Page 2

APPROVED:

A handwritten signature in black ink, appearing to read "Chibbel". The signature is written in a cursive style with a large initial "C".

Cheryl Hibbeln
Executive Director
School Innovation and Integrated Youth Services

Distribution: Lists A and F